



OUR REAL JUICY MENU

ALLERGENS



INGREDIENTS

SALADS	
Greek Couscous Salad Chickpeas, Couscous, Lemon Juice, Honey, Red Capsicum, Black Olives, Red Onion, Parsley, Feta, Pepper, Spinach, Salt	Raw Beetroot Salad Beetroot, Carrot, Balsamic Dressing, Pumpkin Seeds, Sunflower Seeds, Raisins, Sesame Seeds, Feta, Spinach, Pepper, Salt

EXTRAS	
• Tuna Mayo Mix	• Chicken

YOGHURTS

Tropicana Yoghurt Yoghurt, Passionfruit Pulp, Mango	Berry Burst Yoghurt Yoghurt, Raspberries, Blueberries	Choc Top Yoghurt Yoghurt, Choc Powder, Dates, Banana Chips	Honey Muesli Yoghurt Yoghurt, Muesli, Honey, Dates, Banana Chips
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ALLERGENS

	Gluten	Dairy	Peanuts	Tree Nuts	Sesame	Soy	Egg	Caffeine	Vegetarian	Vegan	Sulphites	Lupin	Crustacea	Fish	Honey
SALADS	Greek Couscous Salad	Yes	Yes	No	No	No	No	No	Yes	No	No	No	No	No	Yes
	Raw Beetroot Salad	No	Yes	No	No	Yes	Yes	No	Yes	No	Yes	No	No	No	No
EXTRAS	Tuna Mayo mix	No	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No
	Chicken	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No
YOGHURTS	Tropicana Yoghurt	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No
	Berry Burst Yoghurt	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No
	Choc Top Yoghurt	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No
	Honey Muesli Yoghurt	Yes	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No	Yes

WHERE A PRODUCTS/INGREDIENT IS MARKED "NO" IN THIS TABLE, THIS MEANS THE ALLERGEN IS NOT PRESENT IN THIS DRINK/INGREDIENT, HOWEVER THERE MAY STILL BE TRACES OF SUCH ALLERGEN IN SUCH DRINK/INGREDIENT. THIS IS DUE TO POTENTIAL CROSS CONTAMINATION THAT MAY OCCUR IN STORE OR DURING THE EXTERNAL MANUFACTURING PROCESS FOR AN INGREDIENT.*

*If you have an allergy to a specific product, please alert your Boost store, and Boost will endeavour to provide an allergen-free product for you. Boost however, cannot guarantee that any products (including those marked "No" in the above table) will be free from traces of these allergens due to potential cross contamination that may occur in store or during the external manufacturing process of any ingredient utilised in a product. Boost Juice is not a nut or gluten free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of wheat, gluten, cereals, egg, milk, peanuts, sesame, sulphites, soy, sunflower seeds or kernels, tree nuts and lupin. Fruit and vegetable changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. Please note that some products may not be available in all stores. We've made sure that all the nitty-gritty info in this flyer is correct at the time of printing. Whenever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop.